

## **Gastroeurope GeneratiON**

### **Seminar on employment through Gastronomy**

**7/10/2015 - 13/10/2015**

#### **PROJECT BACKGROUND**

Gastroeurope GeneratiON is a project dedicated to the idea of employment of youth through gastronomy. The goal is to gather youth worker participants from European 7 countries and reflect and share the experiences in culinary sphere. It will participate 7 countries, 4 participants from organisation, 28 participants in total. Profile of the participants will be: Youth workers, youth leaders, organization members, volunteers. The seminar will take place in Zarautz – San Sebastian (Gipuzkoa), Spain. This part of Spain is well known of it's high standards of gastronomy. Specifically San Sebastian counts many centuries of development of culinary and has it's own University of Gastronomy in the city.

In the seminar is taking part partners from South European countries. It will give possibility to see the significance of South and gather the best practices of this part of Europe.

The seminar is oriented to share bunch of experiences of different parts of Europe. This way we will be able to see the differences, similarities and potential of gastronomy. We do believe that it will help every participating partner see new ways of employability in youth, potential of their and other countries and specifically of their own organisations. Partners later will be able to implement the new tools on local level and in their own activities.

Our objectives are:

- to reflect on employment in youth
- to find the tools for employment through gastronomy
- to exchange good experiences between different parts of Europe
- to combat the unemployment by youth workers
- to promote the interculturality
- to break stereotypes

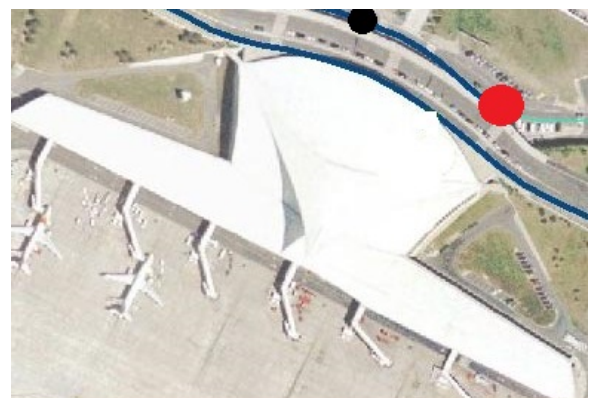
In the project will be presented 7 organizations from programme countries (including Spain). all of them are asked to take full responsibility as a partner, send required documents on time and get ready to send 4 participants well aware of the topic and ready to share the experience.

#### **HOW TO ARRIVE TO ZARAUTZ**

In case you are coming by plane, the **best way** is landing on **Bilbao's airport (Loiu Airport)**.

Once you leave the airport (**black dot**), there is a bus stop for direct bus to **Zarautz (red dot)**.

The bus company is **PESA** and it costs **14.55 Euros**.



Below Bus timetable and bus picture



You can also travel to Biarritz, Barcelona or Madrid international airports and then take a bus or train to San Sebastian.

<u>departure</u>		<u>arrival</u>	
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LOIU AIREPORTUA	08:45	ZARAUZ	09:50
LOIU AIREPORTUA	09:45	ZARAUZ	10:50
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LOIU AIREPORTUA	22:45	ZARAUZ	23:50
LOIU AIREPORTUA	23:45	ZARAUZ	00:50

- Mind that you cannot arrive after the project starting date and departure earlier than project departure date!
- Check connections with local transport and fill in the travel form!!!
- Please email the travel form to [kaebnaierasmusplus@gmail.com](mailto:kaebnaierasmusplus@gmail.com)
- Do not buy tickets before we confirm your arrangements!

## ACCOMODATION

**PLACE:** YOUTH HOSTEL IGERAIN in Zarautz (Gipuzkoa, SPAIN)

IGERAIN ([website](#))  
C/ San Ignacio 25.  
20800 Zarautz (Gipuzkoa, SPAIN)  
Tel: (+34) 943 13 29 10  
Fax: (+34) 943 13 00 06  
Email: [igerain@gipuzkoa.net](mailto:igerain@gipuzkoa.net)



You will be accommodated in the rooms of 4 and 6 beds.

**Check in:** We should be there at the reception to meet you on your arrival, so please **confirm with us the time of your arrival.**

### Schedule

Reception: 9:00 - 21:00.

Breakfast: 9:00.

Lunch: 13:30h.

Dinner: 20:30.

Closing: 24:00.

### DIRECTIONS TO THE HOSTEL

Once you leave the bus in Zarautz, you'll have to walk to Igerain youth Hostel. Its only 15-20 minutes' walk.

Walk all along Bizkaia Street and then turn left on San Ignazio Street.

In case we manage to pick you up from station we will inform you during the last week before your travel.

Check the map below.



### FOOD ARRANGEMENTS

Please, let us know in advance (in the application form attached) whether you have any special dietary requirements such as halal meat, vegetarian, no meat but ok with fish, allergic to something etc.!!!

### WHAT TO BRING WITH YOU

**DO NOT FORGET TO BRING ALONG!**

	<b>Your Passport.</b>
	<b>Your European Health Card (the old E-111), if applicable.</b>



	Some typical (tinned?) dish / wine / cheese / sweet from your country or region for the intercultural dinner.
	A brochure or any other materials about your sending organization, information about the experience/plans about the EVS in general and specifically the mentorship.
	Towels.
	If you're taking any medicines, <b>DON'T FORGET THEM</b> . It might also be useful to bring a prescription for those medicines along.
	Your ISIC card, your >26 card and similar documents (if have any)

### PRACTICALITIES AND RULES AT THE VENUE, HOSTEL AND PUBLIC PLACES IN GENERAL

The Hostel and its facilities are a non-smoking and non-drinking zones. This means that smoking and drinking of alcohol **are prohibited** in all public places and are allowed in specially designated areas only.



### WEATHER

Northern rainy Spain has few things to do with the better known Southern sunny Spain.



It should be around 20-30 degrees for that time period of Spring but we would advice you to check the weather forecast before coming to San Sebastian and make sure you have enough clothing to wear during warm, mild or cold days. Raincoat, umbrella and comfortable water prove shoes may come handy 😊

### CONTACT DETAILS

Email: [kaebnaierasmusplus@gmail.com](mailto:kaebnaierasmusplus@gmail.com)

### REIMBURSEMENTS

**IMPORTANT!** We will reimburse the amount according to the [Distance Calculator](#) of the European Commission - subject to submission of travel forms and original travel documents, including boarding passes, receipts and **ALL** return documents. No photos or electronic versions of travel documents will be accepted. It will be

reimbursed 80% of expenses in the last days of the project activities **by transfer** as the group of each partner country decides.

**The rest 20% and plus travel expenses** of the back way will be reimbursed after receiving the return documents like: boarding passes, bus and train tickets, etc. and the **participants fill in the online evaluation forms (Mobility Tool)** received on their e-mails after the project.

- Mind that you cannot arrive after the project programme starting date and departure earlier than project departure date!
- You can not come later or leave earlier than the project activity dates
- You will be reimbursed only in case you participate in all activities of the programme.
- Check connections with local transport before buying tickets!
- Fill in the travel form and contact organizers if there are any concerns!
- **Don't forget** to bring original travel documents with you and send all the original travel documents (tickets, invoices) as soon as you get back to your country!

#### TRAVEL EXPENSES PER PARTICIPANT

Country	Number of pax	Travel costs per person
Bulgaria	4	360
Croatia	4	275
Cyprus	4	530
Italy	4	275
Portugal	4	275
Slovenia	4	275

#### “GASTROEUROPE GeneratiON” Programme 7 - 13 October 2015

DAY 1 (Wednesday) 7/10/2015)	
08:00 - 16:59	ARRIVALS
17.00 - 19:59	WELCOME SESSION. INTRODUCTION AND RELAXATION DYNAMICS
20:30 - 21:29	DINNER
21:30 - 22:59	PROGRAMME PRESENTATION, INTRODUCTIONS

<b>DAY 2 Thursday 8/10/2015)</b>	
08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 09:59	ENERGIZER
10:00 - 11:29	WHITE BOARD OPENING: FEARS, DREAMS, EXPECTATIONS
11:30 - 11:59	<b>FRUITIME</b>
12:00 - 13:00	GASTRONOMY AS A SECTOR FOR EMPLOYABILITY IN SOUTHERN EUROPE
13:30 - 15:29	<b>LUNCH</b>
15:30 - 15:59	ENERGIZER
16:00 - 17:59	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - BULGARIA
18:00 - 18:29	<b>FRUITIME</b>
18:30 - 19:29	GOOD PRACTICE IN YOUTH WORK
19:30 - 19:59	EVALUATION OF THE DAY
20.30 – 20:59	<b>DINNER</b>
21:00 - 22:59	EURONIGHT - BULGARIA, CYPRUS, CROATIA
<b>DAY 3 (Friday 9/10/2015)</b>	
08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 09:59	ENERGIZER
10:00 - 10:59	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - CROATIA
11:00 - 11:29	<b>FRUITIME</b>
11:30 - 12:59	GOOD PRACTICES IN YOUTH WORK
13:30 - 15:29	<b>LUNCH</b>
15:29 - 19:29	CULTURAL VISIT IN SAN SEBASTIAN
18:00 - 19:29	VISIT TO BASQUE CULINARY CENTRE
19:30 - 19:59	EVALUATION OF THE DAY
20:30 - 21:29	<b>DINNER</b>
21:30 - 22:59	CULTURAL NIGHT - ITALIA, PORTUGAL, SLOVANIA
<b>DAY 4 (Saturday 10/10/2015)</b>	

08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 09:59	ENERGIZER
10:00 - 10:59	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - CYPRUS
11:00 - 10:29	<b>FRUITIME</b>
11:30 - 13:00	GOOD PRACTICES IN YOUTH WORK
13:30 - 15:29	<b>LUNCH</b>
15:30 - 15:59	ENERGIZER
16:00 - 16:59	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - ITALIA
17:00 - 17:29	<b>FRUITIME</b>
17:30 - 18:59	WORKSHOP ON IMPLEMENTING THE PROJECTS
19:00 - 19:30	EVALUATION OF THE DAY
20:30 - 21:29	<b>DINNER</b>
21:30 - 22:59	FREE TIME
<b>DAY 5 (Sunday 11/10/2015)</b>	
08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 09:59	ENERGIZER
10:00 - 12:59	CULTURAL EXPOSITION IN SAN SEBASTIAN
13:30 - 14:29	<b>PICNIC</b>
14:30 - 15:59	CITY GAME - WORKING ON EUROPEAN DIMENTION
16:00 - 19:29	FREE TIME IN SAN SEBASTIAN
19:30 - 19:59	EVALUATION OF THE DAY
20:30 - 21:29	<b>DINNER</b>
21:00 - 22:59	LOCAL CULTURAL NIGHT
<b>DAY 6 (Monday 12/10/2015)</b>	
08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 09:59	ENERGYZER

10:00 - 12:59	WORKSHOP ON CREATIVITY AND ENTREPRENEURSHIP IN FAVOR OF YOUTH EMPLOYABILITY
13:30 - 15:29	<b>LUNCH</b>
15:30 - 15:59	ENERGIZER
16:00 - 16:59	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - PORTUGAL
17:00 - 17:29	<b>FRUITIME</b>
17:30 - 18:29	YOUTH EMPLOYABILITY EXPERIENCES IN THE FIELD OF GASTRONOMY - SLOVENIA
18:30 - 18:59	EVALUATION OF THE DAY
19:00 - 20:29	FREE TIME
20:30 - 21:29	<b>DINNER</b>
21:00 - 22:59	AGUR PARTY
<b>DAY 7 (Tuesday 13/10/2015)</b>	
08:45 - 09:29	<b>BREAKFAST</b>
09:30 - 10:59	FINAL CONCLUSIONS
11:00 - 11:29	WHITE BOARD CLOSURE: FEARS, DREAMS, EXPECTATIONS
11:30 - 12:29	EVALUATION AND YOUTHPASS CEREMONY
12:30 - 23:59	DEPARTURES