

ENERGY+

Equal opportunities for NEw geneRation throuGh creative empowerment of Youth

01/04/2016-31/12/2016



THE PROJECT

The project aims at the acquisition of skills (personal, soft & professional) for increasing volunteers' employability, getting new life perspective and offering valuable input to CESIE's activities both in the office and locally, bringing new cultural tendencies, way of thinking and acting.

The project will match the positive influence of a learning mobility on personal level with the impact and enrichment of the interaction between volunteering youngsters on a working environment at a European organization (as CESIE) and on the creative development of the community.

ENERGY+ takes place in the city centre of Palermo, one of the most important cities of South Italy. The context is characterized by a high number of migrants who face several difficulties in their daily life. The project focuses on social inclusion, targeting the involvement of migrant groups (new arrivals, children and migrant families) into the city's civic activities for stimulating their sense of participation and self-empowerment.

Focusing on the importance of balancing personal and professional life, ENERGY+ will deal mainly with the organization of creative activities and workshops for increasing migrants' social and labour inclusion. Given the

CESIE

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www.cesie.org

CESIE is a non-profit organisation officially recognized by the Italian Government since 2001 and an ECSO (Civil Society Organisation with member organisations in more than 8 European countries) recognized by the European Commission DG EAC.

CESIE is accredited by the University of Palermo for internships and by the Sicilian Region for Vocational Training and orientation.

high numbers of migrants arriving at the SPRAR Bureaus, who are mostly minors and young men, and their relative physical inactivity, the project will seek to alter this through support to CESIE's current actions with the target groups but also encouraging volunteers to take initiative, and implement their own ideas. This will create interaction between the locals, the internationals and the new arrivals and young migrants, offering the means to the target groups to feel involved, stimulated and eventually empowered for a healthy social and labour life.

OBJECTIVES

- Equip participants with employability and soft skills for their future careers.
- Introduce participants to the significance of leading a balanced life combining office work and outdoor activities.
- Strengthen the principle of social inclusion through voluntary work using international and local approaches.
- Utilize the talent and energy of the participants ready to offer and bring the change (in a multicultural environment with high percentage of people at risk of social exclusion).
- Promote interaction, reciprocal understanding and intercultural integration among local beneficiaries.

For the smooth flow of the project, the activities will follow the structure below:

- Conceptualization and design of workshops on social inclusion, personal and professional development through non-formal learning. With CESIE's support the volunteers will enrich our current projects and will design their own workshops.
- Presentation of workshops' aims and content to local beneficiaries via meetings at the office. Workshops' contents will depend on the interests of the volunteers and the target group, as theater, music, dance performance, painting, design, recycling and up-cycling, sharing kitchen habits, etc.
- Introduction of the activities at local social centers cooperating with CESIE.
- Implementation of the workshops with migrant youth.
- Evaluation of activities and learning outcomes with the support of CESIE staff.

ACTIVITIES

Volunteers will be involved in the design and implementation of different workshops for the 80% of their working time while in the rest of 20% they will support the administrative procedures of CESIE. We believe that executing both kinds of tasks will have a positive impact on their professional development.

Activities will follow the structure below:

- Conceptualization and design of workshops focused on the issue of social inclusion, personal and professional development of the participants through non-formal learning.

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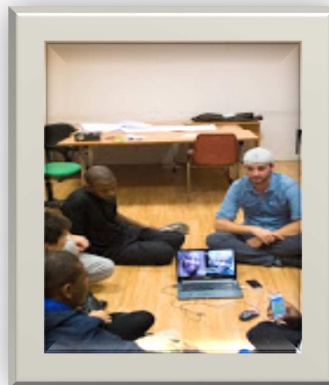
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- Presentation of the workshops' main idea aims and content to local beneficiaries through several meetings at the office.
- Introduction of the activities at local social centers cooperating with CESIE.
- Implementation of the workshops with children and migrant young people.
- Evaluation and monitoring of the activities, along with learning outcomes with the support of CESIE staff.

The workshops can have different contents, timing and target groups (youngsters or children) depending on the interests and initiatives group as well, such as performances, up-cycling, sharing skills, etc.

of the volunteers and the target theater, music, dance painting, design, recycling and kitchen habits, employability



WORKING HOURS, DAYS OFF AND HOLIDAYS

The volunteer will collaborate 35 hours per week, 5 days a week. The schedule can change according to the activities.

The volunteer will have 2 free days each week (Sunday and another day of the week).

The volunteer has the right to take the Italian National official holidays as free days when they match with working days.

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However, when the hosting organisation has activities on volunteer's free days (ex: Sundays, official holidays) and the volunteer is asked to work, he/she will have to choose another free day (ex: New Year's Eve celebration).

The volunteer will have 2 days of holidays per month for the duration of the project as in the "Rights and responsibilities of EVS volunteers" (European Commission, Directorate General of Education and Culture, February 2004), to be taken in agreement between the volunteer and the team. The volunteer can accumulate the free days to make a longer holiday or take them each month. The volunteer must discuss with the project supervisor from the hosting organisation the dates of holidays at least one month before.

The volunteer will be involved in 30 -35 hours of EVS's activities per week. The remaining 5 hours can be used in trainings (language, tasks related trainings, etc.).

Note: The volunteer must discuss with the project supervisor all the issues about the schedule, tasks, free days and holidays.

ACCOMODATION

The volunteers will live together in different houses with other volunteers belonging to other projects managed by CESIE in the city centre, near the activities. Before their arrival we will prepare the houses ensuring safe and clean conditions

The volunteer will share bedroom with another volunteer of the same gender.

The cost of electricity, water, TV, a telephone that accepts incoming calls and Internet are covered by the HO. Bed clothes and towels will not be provided.

The management and the cleaning of the room have to be done in agreement with the other residents.

Guests cannot be hosted without specific agreement from all residents and CE.S.I.E. This must be done in advance.

LOCAL TRANSPORTATION

The working places are very close to accommodation and language lessons therefore it is easy to move by foot. In case of activities out of the centre of Palermo, the local transport allowance is provided by the hosting organisation to cover costs with local transports. The volunteer must ask for receipt and keep it safe to give to the HO in order to be reimbursed.

HOW TO APPLY

If you are interested, please send your candidature complete with Curriculum Vitae and Motivation Letter (both in English) explaining why you want to take part in the project to your **Sending Organization before the end of December 2015.**

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