

KA1 – Training Course

Vinci, Italy * 13th - 20th September 2016

INFO PACK



PRACTICAL INFORMATION FOR YOUR TRAVEL AND STAY

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Comune di Vinci



Training Course
Vinci, Italy 13th – 20th September 2016

“**CORE 2 – Challenging Europe**” is the further step after a TC called *CORE* which was organised by our Hungarian partner *Magyar Onkenteskuldo Alapitvany (HVSF)* on the topic of Conflict Resolution.

TOPICS: CORE 2 will go to explore the situation on migrants and xenophobia in the different countries (fears, stereotypes,..) and will promote Youthwork and NFE as tools and methods to fight the raising attitude to racism, xenophobia and exclusion in order to spread an European culture of peace among the new generations.

DATE: 13th - 20th September 2016

VENUE: Vinci, (Tuscany)- Italy

PARTNER COMPOSITION:

7 partners: Italy, Portugal, Spain, Hungary, Croatia, Slovenia and Serbia.

PARTICIPANTS PROFILE AND NUMBER: Youth workers, Youth leaders, Trainers, Educators, Responsibles of Organisations.

Requested **3** motivated persons from each organisation

AIMS: We strongly believe that nowadays like never before, Youth workers need empowerment on acknowledgements, tools and methods on how to work with youth on these actual topics :

- Provide Youth Workers with practical tools on conflict management, stereotypes and migration issues that can use with youth in raising their awareness on these issues;
- Improve youth work quality and enhance the role of youth workers and NGOs as social facilitators;
- Facilitate the participants acquisition of a positive attitude towards conflict and the use of it as positive tool of transformation in youth work and in their lives;
- Share common concern on topics and international cooperation;
- Recognition of the educational value of NFE activities - Creation of outcomes (a daily Blog and a Booklet) to spread in order to give our contribution to Youth Workers empowerment.

METHODOLOGIES: We will use non-formal tools, Theatre of oppressed, some board games on the topics of sustainability and stereotypes, and games, taking care to provide a strong experiential impact on participants and organisations.

**This project has been funded with support from European Commission,
approved with Reference number 2016-1-IT03-KA105-008179**



Welcome to



Here you will find all the main information about your participation, regarding travels, accommodation, program and all the practical information that will help you before, during and after the project.

Thank you for your participation!

DAILY PROGRAM (draft)

Activity A1 - "CORE 2 - Challenging Europe" - Training Course Vinci, Italy- 13-20

Simple Schedule	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
	16 September	17 September	18 September	19 September	20 September	21 September	22 September	23 September
8:30	Breakfast							
9:30	Arrival of the participants	Team Cooperation	Theatre of the oppressed – a tool for social change? Introduction	Cultural Visit to Vinci and Major meeting	Games change mind: Cultural stereotypes	Open session	After Training	Departure of participants
11:00	Coffee-Break							
11:30	Arrival of the participants	Team Cooperation	Theatre of the Oppressed methods	Cultural Visit to Vinci	Games change mind: Conflict management and negotiation- Win-win games	Open session	After Training- Activity Market	Departure of participants
13:00	Lunch							
14:00								
15:00	Arrival of the participants	Migrations: country situations and personal level	Theatre of the Oppressed - Practicing	Mission Z	Toolbox of Games	Booklet creation	Final Evaluation	Departure of participants
16:30								
17:00	Presentations	Culture of peace vs. Xenophobia= Youth work and NFE vs. fears and stereotypes	Theatre of the Oppressed - Practicing	Mission Z	Open session preparation	Booklet creation	Final Evaluation + Youthpass	
18:00		Reflection Time	Reflection Time	MID-TERM Evaluation	Reflection Time	Reflection Time		
18:30		BLOG Time	BLOG Time	BLOG Time	BLOG Time	BLOG Time	BLOG Time	
19:00		Free-time	Free-time	Free-time	Free-time	Free-time	Free-time	
20:00	Dinner							
21:00	Blind Dinner							
22:00	Welcome Evening	Intercultural Evening	Open Night	Open Night	Movie Night	Web radio night	Time to celebrate	
23:00								

LOGISTICS IN VINCI

VINCI



Vinci is an historical town (15.000 inhabitants) in the Centre of Italy- Tuscany- between Florence (30 minutes by train) and Pisa (35/40 minutes by train).

It is famous because it gave birth to Leonardo da Vinci, the Genius of the Renaissance Age.

It's rich in history, art, culture and nature. Famous for the typical Tuscany landscape with olive trees and vineyards on the hills.

ACCOMODATION

Participants will be hosted in a simple building close to the small and ancient Church of Petroio (Vinci) on a green hill in the countryside, isolated in the green.

You will sleep in rooms for 7 persons: we kindly ask you to respect your roommates and work with them to achieve the comfort that all need. The rooms will be made according to the gender.

Bathrooms are shared, so please pay attention to the cleaning and respect for the space and the others

The building has 4 big bedrooms with bunked beds (27), one meeting room, an office, a place for meals, an equipped kitchen, toilets and showers,...but especially it has amazing outdoor spaces in the green where develop many activities.



FOOD



Meals will be cooked there by 2 professional cooks every day for us. Breakfast, lunch and dinner + 2 coffee-breaks a day!

We will take into consideration your diet needs and allergies, creating a healthy and good menu for all! Please write your alimentary and health needs on Application Form!!!!
Genuine Italian food!

INTERNET CONNECTION:

Unfortunately there NO Internet Connection. Totally in the nature!!! But we promise **human connection!**

THINGS TO BRING

Bring with you the following: you'll need it and it will be necessary to present during the project:

PERSONAL STUFF

- **Sleeping-bag (or sheets for bed) IMPORTANT!!!!**
- Towels for shower
- Flipflops (the bathroom is shared)
- Personal hygiene products (shampoo, toothpaste, etc..)
- Fresh and comfortable clothes and shoes
- **Your Health European Card**



COUNTRY PRESENTATIONS ON migrants situation in the different countries - position, laws and personal feelings

From each of the 7 Countries:

A CREATIVE presentation (posters, interviews, videos, paintings, theatre,..) **about MIGRANT SITUATION in your country**

Just to give idea of what it's happened in our countries in terms of migrations, hosting, laws, media and perception of the phenomenon. BE CREATIVE in your presentation!! Maximum 6 minutes length!

INTERCULTURAL NIGHTS

- NO POWER POINT!!! We want to connect and enjoy! ; P

- Typical **food/drink** from your country: Ready food - dry or canned food, cheese, drinks, biscuits,..
- 1 night-game** from your country, to make people connect each other (MAXIMUM 5 minutes);
- 1 brief & creative **COUNTRY presentation** (theatre, posters, stereotypes..) (MAXIMUM 3 minutes)

WEATHER FORECASTS



Weather is supposed to be warm and sunny, sometimes very hot.

In the evening the temperature can go down, so bring also something to cover your shoulder.

Before you come, you can check the weather in the following website:

<http://www.ilmeteo.it/meteo/Vinci>

TRAVELS

Your destination is in Tuscany, in the heart of Italy.

The closest Airports to your Exchange destination are:
Firenze, Pisa and Bologna.

From your landing Airport, reach **FIRENZE or PISA Train Station.**

From both the Stations there, you can easily take a regional train to **EMPOLI** Station.



EMPOLI

- *It takes 25 minutes (bus) + 30 minutes (train) from Florence Airport- (One way ticket bus € 6,00 + Train € 4,30)*
- *It takes 8 minutes (bus) + 45 minutes (Train) from Pisa Airport: - (One way ticket bus € 1,30 + Train € 5,50)*

In Empoli Station we will pick you up by cars and lift directly to the Project location in Petroio (Vinci)

We ask you to be waiting for us at the Station door, outside.

We have planned 2 rounds to pick you up there on 13th of September:

- **h. 16.30**
- **h. 18.00**

So, please plan your travel timetables in order to fit as much as possible with these.

In case you can't, please let us know and we will provide some solutions.

INSTRUCTIONS

From your landing Airport, reach Firenze or Pisa Train Station



From Pisa or Firenze Station, take a train to Empoli



Wait for us in Empoli Station. We will lift you up at 16.30 or at 18.00

WEB INFO:

Train timetables TRENITALIA:

<http://www.trenitalia.com/>

EMPOLI on MAP:

<https://maps.google.it/maps/ms?msid=203829680937764279548.0004f2848f35713371abf&msa=0&ll=43.707594,10.986328&spn=2.394343,5.410767>

IMPORTANT: Keep all the boarding passes and tickets of airplane, bus and/or train (they are needed for reimbursement). Also all receipts/ INVOICES are needed, without any exception!

BUDGET & FINANCES

Rules of travel reimbursement: According to the Programme Erasmus+, travel costs are covered 100% **up to the maximum amount** defined on the base of the **kilometric distance** from sending organisation town to the project place, following EU table of distance/€-

Distance Calculator: http://ec.europa.eu/programmes/erasmus-plus/resources_en#tab-1-4

Travel reimbursement to/from Vinci, Italy:

Portugal: € 275,00

Spain: € 275,00

Hungary: € 275,00

Slovenia : € 275,00

Croatia: € 275,00

Serbia: € 275,00



TRAVEL COSTS COVERAGE: (see "Partner Agreement" document)

- With Erasmus+ rules, each Organisation has to take care to **buy tickets for its participants** - you can also collect the money from each participant ;
- Associazione Agrado will send Travel costs reimbursement **after the project**- after receiving from each organisations all the original tickets/reservation, boarding passes and invoices- **directly to each Organisation Bank account.**
- To give you the travel reimbursement we absolutely need from you: all the **ORIGINAL and scanned tickets, boarding passes, receipt and travel INVOICES; in case we don't get these, reimbursement is not allowed.**



CONTACTS

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CORE 2 – Challenging Europe Group

<https://www.facebook.com/groups/255254064835601/?fref=ts>

Add Yourself!!