

## Preliminary information - “The Peacebuilders”

The training course “The Peacebuilders” focuses on how to construct a more positive and proactive outlook to conflict management, resolution and transformation. The idea builds on feedback provided by participants of the training course “One Last Chance” - about conflict management skills - which has been implemented five times by now.

The objectives of the training course are to:

**LEARN** about, and **ANALYSE** the concepts peace education and peacebuilding:

- Browse and share good practices of peacebuilding at local and regional level, as well as national and international level;
- Analyse, question and challenge the usefulness and reach of youth work as an arena of peacebuilding;
- Become more aware of the role of media and narratives in issues of conflict, tension, and ‘otherness’.

**DEVELOP** youth workers’ competences with regards to peacebuilding at local and regional level;

- Improve youth workers’ skills of alternative dispute resolution (ADR), nonviolent communication (NVC) and empathy, as key skills for a peacebuilder at any level;
- Improve knowledge and attitudes about the youth worker’s reach as a role model;
- Keep building ourselves as proactive agents for peace by becoming more advanced learners of ADR, NVC and conflict management;
- Acquire basic facilitation skills in terms of delivering peace activities and knowledge of working with different groups.

**TRANSFER** knowledge, skills and attitudes of peace education to our places of home:

- Learn how to develop, and develop, a campaign-based action among participants as part of their combined follow-up plan;
- Focus on impact at local level in all partner organisations by create a campaign with an alternative, constructive narrative of human interaction;
- Formulate contextual follow-up plans for local or regional level based on the needs of the various partner organisations and their localisations.



The training course comprises of **6 activity days**, and will take place in the **Narvik Region, North Norway between 19. and 26. November 2018**. This means travelling to Narvik on the 19th November, and departing on the 26th. A couple of extra days are allowed on either end for those who wish, but costs related to any extra days will be at your own expense.

The best option for travelling to Narvik is by plane. The closest airport is Harstad/Narvik Airport, Evenes (EVE). It is located just about one hour's drive from Narvik, and there is an express bus servicing that stretch. There is a number of flights directly from Oslo Airport every day by Scandinavian Airlines (SAS) and Norwegian.

Airports farther away are Tromsø, which is a 4-hour ride away from Narvik and Kiruna (Sweden) which is around 3 hours away from Narvik by bus or train. Both these options would give you a more complicated trip after landing, with public transport being far less frequent than from Evenes. If you're planning on walking, please check with your insurance company first what their policy says about very silly behaviour in cold places.

Participants have to be residents of the countries in which our partners are located. The partners are:

- Narviksenteret (Norway)
- Ha Moment (Portugal)
- PlanBe, Plan it Be it (Cyprus)
- Youth Senate Tallinn (Estonia)
- Mladinski Senat Strumica (Macedonia)
- Asociacion Egeria Desarrollo Social (Spain)
- PiNA (Slovenia)
- Associazione Agrado (Italy)
- LUBLA (Czech Republic)

Each organisation will send 2 participants each, bringing the total number of participants to 26. Participants' travel costs will be reimbursed up to the amount allowed by the Erasmus+ Travel Distance Calculator. [NO: €20; PT, MK, CP, ES: €530; EE: €275; SI, IT, CZ: €360]

We are looking for youth workers and trainers who:

- Have some previous knowledge about conflict management;
  - Preferably previous participation in "One Last Chance", or at least a good understanding of the learning points thereof;
- Can demonstrate a high motivation to participate in all phases of the training cycle, including follow-up;
- Have a need to participate in the training according to its objectives.

More information will follow. For now, have yourselves a happy afternoon, morning, month, or - my favourite - happy hour!



Erasmus+



Topic of the day	Arrival Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Departure Day	
// Time		Turning ME into WE	Alternative Dispute Resolution (ADR)	Places of memory, places of peace	The #GiraffeMovement	Adapting to the environment, or moulding it?	Next steps?		
08:30	A R R I V A L S	Breakfast							D E P A R T U R E S
09:30		Time to Start: getting to know each other	Human Rights Education: What is it?	Actionbound in Narvik /Freetime	Non-violent communication (NVC) for advanced learners	Mission Z with a twist	Where I am, where I want to be		
11:00		Coffee break							
11:30		We are a team	What is ADR?	Freetime	Campaigning for peace locally	Mission Z debriefing	Follow-up planning		
13:00		Lunch							
15:00		Jumping into the pool: My story	ADR: Active listening	Exploring Narvik War Museum	Facilitation 101: Connecting the dots	Mindfulness, NVC and yourself. Be the Giraffe	Follow-up presentations and support		
16:30		Coffee break							
17:00		Peace facilitation 101	ADR: Generating options	"It's a peace museum! How naive!"	Living peace: What does it mean?	World Café of sharing	Recap, evaluation and closing		
18:30		Reflection time							
20:00		Dinner							
21:30		Dinner and welcome	"The Baron of Ballangen"	Intercultural evening	Bonfire night	The night of conflicts	Movie night	PIPO night and celebration	